



Airdyne ad4 manual

Important Safety Important Important Safety Instructions Safety Instructions Instructions This icon means a potentially hazardous situation which, if not avoided, could result in death or serious injury. Obey the following warnings: ••• Read and understand all warnings on this machine.••• Carefully read and understand the Assembly Manual. ••• Keep bystanders and children away from the product you are assembling at all times. ••• Do not assemble equipment in a wet or damp location. ••• Make sure assembly is done in an appropriate work space away from foot traffic and exposure to bystanders. ••• Some components of the machine can be heavy or awkward. Use a second person when doing the assembly steps involving these parts. Do not do steps that involve heavy lifting or awkward movements on your own. • • • Do not try to change the design or functionality of this machine. This could compromise the safety and can void the warranty. by Nautilus. Failure to use genuine replacement parts can cause a risk to users, keep the machine from operating correctly or void the warranty. ••• Do not use until the machine has been fully assembled and inspected for correct performance in accordance with this machine before first use. Keep the Owner's Manual for future reference. ••• Do all assembly steps in the sequence given. Incorrect assembly can lead to injury. NautilusInc.com - Customer Service: North America (800) 605-3369, customerservice@schwinnfitness.com | Europe, Middle East & Africa 49 02203 2020 0, technics-EMEA@nautilus.com | Germany & Austria + 49 02203 2020 0, Switzerland + 41 26 460 77 66, United Kingdom + 44 1908 267 345, Asia Pacific & Latin America (360) 859-5180, technics-APLA@nautilus.com | Patent information: This product may be covered by US and Foreign Patents and Patents Pending. 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Specifications and and T T T ools ools Specifications Specifications and ools Schwinn Schwinn AD4 AI4 (recommended) (recommended Important Safety Important Important Important Safety Instructions Safety Instructions This icon means a potentially hazardous situation which, if not avoided, could result in death or serious injury. Obey the following warnings: ••• Read and understand all warnings on this machine.••• Carefully read and understand the Assembly Manual. ••• Keep bystanders and children away from the product you are assembling at all times. ••• Do not assemble equipment in a wet or damp location. ••• Make sure assembly is done in an appropriate work space away from foot traffic and exposure to bystanders. assembly steps involving these parts. Do not do steps that involve heavy lifting or awkward movements on your own. • • • Do not try to change the design or functionality of this machine. This could compromise the safety and can void the warranty. by Nautilus. Failure to use genuine replacement parts can cause a risk to users, keep the machine from operating correctly or void the warranty. ••• Do not use until the machine has been fully assembled and inspected for correct performance in accordance with this machine before first use. Keep the Owner's Manual for future reference. ••• Do all assembly steps in the sequence given. Incorrect assembly can lead to injury. NautilusInc.com - Customer Service: North America (800) 605-3369, customerservice@schwinnfitness.com | Europe, Middle East & Africa 49 02203 2020 0, technics-EMEA@nautilus.com | Germany & Austria + 49 02203 2020 0, Switzerland + 41 26 460 77 66, United Kingdom + 44 1908 267 345, Asia Pacific & Latin America (360) 859-5180, technics-APLA@nautilus.com | Patent information: This product may be covered by US and Foreign Patents and Patents Pending. 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Specifications and and T T T ools ools Specifications and ools All manuals and user guides at all-guides.com Schwinn AD4 Airdyne ® ® Not Included Included Included Included Included 1/4" 5/16" 15mm #2 Assembly Assembly Assembly Manual Manual Manual 003–3240.021510.A (recommended) (recommended) Nautilus, Inc., (800) NAUTILUS / (800) 628-8458, www.NautilusInc.com - Customer Service: North America (800) 605-3369, csnls@nautilus.com | outside U.S. www.nautilusInternational.com | Printed in China | © 2013 Nautilus, Inc. | ® indicates trademarks registered in the United States. These marks may be registered in other nations or otherwise protected by common law. Schwinn and Airdyne are trademarks owned by... Nautilus, Inc., (800) NAUTILUS / (800) 628-8458, www.NautilusInc.com | Outside U.S. www.Naut trademarks registered in the United States. These marks may be registered in other nations or otherwise protected by common law. 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Moving the Machine The machine may be moved by one or more persons depending on their physical abilities and capacities. Make sure that you and others are all physical abilities and capacities. Locking the Fan Assembly / Storage When the machine is not in use, be sure to lock the Fan Assembly with the Transport and Immobilization Strape of the machine. For safe storage of the machine, remove the batteries and install the Transport and Immobilization Strap to secure the Resistance Fan. TROUBLESHOOTING Condition/Problem Things to Check Solution Console will not power up/ Batteries Make sure batteries are installed correctly. If batteries are installed correctly installed, replace cable. Page 9 Unit rocks/does not sit Check leveler adjustment Leveling feet may be turned in or out to level bike. level Check surface under unit Adjustment may not be able to compensate for extremely un- even surfaces. Move bike to level area. Pedals loose/unit difficult Check pedal to crank con- Pedal should be tightened securely to crank. CONSOLE SERVICE MODE The Console Service Mode lets you set the units of measurement to either English or Metric, see the total time and distance the machine has been used, adjust the altitude value for a more accurate calorie count, or find out which version of Firmware is installed. Maintenance Parts Foot Peg, Right Seat Adjustment Knob Connector Arm Handlebar, Right Frame Arm Pivot Handlebar, Left Stabilizer, Rear Console Cable, Lower Foot Peg, Left Shroud, Left Resistance Fan Assembly Water Bottle Holder Crank Arm, Left Fan Cover Console Center Plate Leveler Locking Knob Pedal, Left... REPLACEMENT PROCEDURE SKILL LEVEL Level I : Low - very little mechanical knowledge or exposure. Level II : Intermediate - some experience with mechanical procedures Level III : Advanced - knowledgeable about mechanical procedures... 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Note: The images in this procedure show the Left Shroud being removed. The procedure is the same for either side of the machine. 1. Page 18 4. Using a 6 mm hex wrench, remove the two indicated screws from the Foot Peg and remove it. Handlebar 5. Remove the Handlebar from the Arm Pivot Assembly. Foot Peg 6. Using a 14 mm socket wrench, remove the indicated screw from the Connector Arm. Page 19 8. Slide the Arm Pivot Assembly, be aware of the washer locations to assist with re-assembly. 9. Installation is the reverse procedure. Note: Be sure when attaching the Crank Arm that all three pieces (Crank Arm, Crank Cover, and Connector Arm) are properly aligned before install- ing ANY hardware. 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Using a 10 mm wrench, loosen the Belt Tension Adjustment Nut and remove the Eye Bolt. Note: To assist with re-assembly, be aware that the Eye Bolt has a slight bend and must be reassembly out of the Bracket. Pulley Assembly work the Pulley Assembly out of the Bracket. Pulley Assembly and remove the Crank Belt from it. Crank Belt from the Crank Belt from the Crank Belt (700- 800N) and the Drive Belt (400N) can barely be pushed downward at their mid-point. 19. Using a 15 mm wrench, attach the Securing Nuts for the Eye Bolt on both sides of the machine. Nautilus.com | Outside U.S. www.nautilusinternational.com | Printed in China | © 2013 Nautilus, Inc. | (a) indicates trademarks registered in the United States. These marks may be registered in other nations or otherwise protected by common law. Schwinn and Airdyne are trademarks owned by or licensed to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to Nautilus, Inc. Page 26 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to the risk of electrical shock or usage of the equipment, always remove the batteries from the machine to the risk of electrical shock or usage of the equipment. and wait 5 minutes before cleaning, maintaining or repairing the machine. 1. Remove the 3 indicated screws (with arrows) from the Crank Arm using a 14mm socket wrench. Page 27 9. Using a 15 mm wrench, loosen the Belt Tension Adjustment Nut and remove the Eye Bolt. Note: To assist with re-assembly, be aware that the Eye Bolt has a slight bend and must be reassembly out of the Bracket. Pulley Assembly out of the Bracket. Pulley Assembly to the Pulley Assembly. 13. Lift the Pulley Assembly and remove the Crank and Drive Belts from it. Place the Pulley Assembly back in the Bracket. Crank Belt Keep fingers out of any pinch opportunities when removing the Pulley Assembly. Page 29 16. Using a #2 Phillips screwdriver, remove the indicated screws from the Foot Step Pad, and remove it. Foot Step Pad 17. Using a #2 Phillips screwdriver, remove the screw that was below the Foot Step Pad. 18. Using a #2 Phillips screwdriver, remove the Fan Cage Bracket from both sides of the machine. 20. Using a 15 mm wrench, remove the Eye Bolt Securing Nut from both Fan Cage Bracket sides of the machine. Fan Tension Adjustment Nut 21. Page 31 24. Route the Fan Belt into the Fan Belt into the Fan Assembly, and over onto the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into the Fan Belt into the Fan Assembly with Fan Belt into the Fan Belt into Assembly to fit back into the Frame Assembly. Page 32 Be sure when attaching the Crank Arm that all three pieces (Crank Arm, Crank Cover, and Connector Arm) are properly aligned before installing ANY hardware. The Crank Arm, Crank Cover, and Connector Arm) are properly aligned before installing ANY hardware. hardware is tight and components are properly assembled. Nautilus, Inc., (800) NAUTILUS / (800) 628-8458, www.NautilusIntc.com | Printed in China | © 2013 Nautilus, Inc. | ® indicates trademarks registered in the United States. These marks may be registered in other nations or otherwise protected by common law. Schwinn and Airdyne are trademarks owned by or licensed to Nautilus, Inc. Page 34 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine and wait 5 minutes before cleaning, maintaining or repairing the machine. 1. Using a 6 mm hex wrench, remove the two indicated screws from the Console Support Bar Assembly. Page 35 5. Using a #2 Phillips screwdriver, remove the 4 indicated screws from the Console. 8. With a small piece of string or wire, attach an end of the new I/O Cable to the other end of the old I/O Cable. 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Page 40 13. To reattach the Connector Arm, insert the Largest Screw from Step 1 with the supplied Spacer into the Connector Arm. Spacer 14. Using a 14 mm socket and wrench, tighten the Largest Screw with the Spacer fully. Largest Screw 15. Nautilus, Inc., (800) NAUTILUS / (800) 628-8458, www.NautilusInc.com | Printed in China | © 2013 Nautilus, Inc. | ® indicates trademarks registered in the United States. These marks may be registered in other nations or otherwise protected by common law. Schwinn and Airdyne are trademarks owned by or licensed to Nautilus, Inc. Page 42 To reduce the risk of electrical shock or usage of the equipment, always remove the batteries from the machine and wait 5 minutes before cleaning, maintaining or repairing the machine. Note: The images in this procedure show the left side of the machine. The procedure is the same for either side. 1. 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Using the supplied Removal Plate and Hardware, attach it to the Connector Arm disconnector. Page 53 21. To reattach the Connector Arm, insert the Largest Screw from Step 1 Spacer with the supplied Spacer into the Connector Arm. 22. Using a 14 mm socket wrench, attach the Securing Nuts for the Eye Bolt on both sides of the machine. 31. Be sure when attaching the Crank Arm that all three pieces (Crank Arm, Crank Cover, and Connector Arm) are properly aligned before installing ANY hardware. Nautilus.com | outside U.S. www.nautilusinternational.com | Printed in China | © 2017 Nautilus, Inc. | ® indicates trademarks registered in the United States. These marks may be registered by common law. Schwinn and Airdyne are trademarks owned by or licensed to Nautilus, Inc. | ® indicates trademarks of electrical shock or usage of the equipment, always remove the batteries from the machine and wait 5 minutes before cleaning, maintaining or repairing the machine. 1. Remove the 3 indicated screws (with arrows) from the Crank Arm using a 14 mm socket wrench and a 4 mm hex wrench Note: Be aware that the Crank Arm and Pedal will fall if not supported during the hardware removal. Page 57 Note: This part of the procedure is easier with two people. 6. Lift the Console Support Bar Assembly only enough to expose the Speed Sensor Cables and place the Console Support Bar Assembly on the floor safely out of the work area. Speed Sensor Cable Connectors 8. Page 58 11. Insert the new Speed Sensor Assembly into the Frame Assembly from the lower opening. 12. Insert the Speed Sensor Magnet Mount. Be sure to place the Speed Sensor Magnet the same distance in the Magnet Mount as the old assembly. Page 2

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